

2019 - MEN'S OPEN

Position	Category	Cat Pos	Bib	Name	Club	Time
1st	MSEN	1	306	Ciaran Forde	Leeds City	34:25
2nd	MSEN	2	35	Chris Butterworth		36:48
3rd	MSEN	3	295	Ross Cameron		37:45

2019 - WOMEN'S OPEN

Position	Category	Cat Pos	Bib	Name	Club	Time
1st	FSEN	1	166	Sarah Maile		43:17
2nd	FV35	1	227	Heidi Siddle		44:53
3rd	FV35	2	242	Jane Suggitt	Leeds & Bradford Tri	46:28

2019 - CATEGORY WINNERS - MEN

	Overall position	Bib	Name	Club	Time
MV35	10	4	Rich Allen	Pudsy Pacers	40:51
MV45	6	105	Rob Grant		38:55
MV55	34	318	Ian Mitchell	Knaresborough Stiders	47:36
MV65	66	282	David Wormesley	Horsforth Harriers	52:00

2019 - CATEGORY WINNERS - WOMEN

	Overall position	Bib	Name	Club	Time
FV35	44	2	Liz Adams	Valley Striders	49:00
FV45	61	119	Jill Hobson	Horsforth Harriers	51:45
FV55	35	243	Sue Sunderland	Valley Striders	47:37
FV65	121	136	Angela Johnson	Horsforth Harriers	57:58

* **Please note** - Only one prizes is awarded per runner. When a runner finishes in the top 3 in the open category the age prize goes to the next in line. The prizes are in 10 year age categories, while the full results show 5 year age caterories