

Cookridge Community Run - 11 July 2021

Position	Bib	Name	Club	Category	Cat position	Net time
1	186	Theo Jacques	Skyrac AC	MSEN	1/31	37:17:00
2	299	Freddie Roden	Abbey Runners	MSEN	2/31	38:00:00
3	312	John Shanks	Valley Striders	MV35	1/14	38:51:00
4	365	Michael Vargas	Hyde Park Harriers	MV35	2/14	38:56:00
5	273	James Pawson		MSEN	3/31	39:29:00
6	142	Rob Grant	Otley AC	MV45	1/27	40:04:00
7	213	Simon Jones	Abbey Runners	MSEN	4/31	40:44:00
8	349	James Tarran	Valley Striders	MV50	1/18	41:38:00
9	301	Chris Roebuck	Horsforth Harriers	MV40	1/21	41:54:00
10	98	Rhys Dunn		MSEN	5/31	42:50:00
11	348	Andrew Szymanski		MV40	2/21	42:50:00
12	406	Amy Young	Hyde Park Harriers	FSEN	1/24	42:58:00
13	193	Simon Glyn Jones	Abbey Runners	MV50	2/18	43:03:00
14	260	Gerard O'donnell	Abbey Runners	MV35	3/14	43:27:00
15	135	Rory Goldthorpe	Abbey Runners	MV40	3/21	43:51:00
16	85	Richard Deighton		MV45	2/27	44:15:00
17	201	Dominic Fanaroff	Abbey Runners	MSEN	6/31	44:21:00
18	37	Stef Brienen	Abbey Runners	MSEN	7/31	44:28:00
19	168	Jon Holah	Pudsey Pacers	MV60	1/9	44:32:22
20	114	Simon Fielding	Bingley Harriers & AC	MV55	1/12	44:32:49
21	60	Gareth Cavill	Abbey Runners	MV50	3/18	44:49:00
22	206	Masako Kondo	Abbey Runners	FV40	1/23	45:05:00
23	77	Paul Craven	Abbey Runners	MV50	4/18	45:11:00
24	64	Paul Clarke	Lonely Goat RC	MV45	3/27	45:20:00
25	266	Robin Owen		MV45	4/27	45:25:00
26	46	Dominic Byrne		MSEN	8/31	45:29:00
27	329	Paul Smith	Valley Striders	MV50	5/18	45:34:00
28	130	Sarah Gibbs		FV35	1/17	45:38:00
29	309	Phillip Scholefield		MSEN	9/31	45:45:00
30	106	Tom Engel	Abbey Runners	MSEN	10/31	45:52:00
31	91	Tom Dobson		MV45	5/27	46:02:00
32	228	Sarah Maile		FSEN	2/24	46:05:00
33	405	Alistair Young	Bingley Harriers & AC	MSEN	11/31	46:06:00
34	148	Steve Hackshaw		MV35	4/14	46:10:00
35	125	Kenneth Frost		MV55	2/12	46:24:00
36	65	Andrea Cobo	Abbey Runners	FSEN	3/24	46:38:00
37	169	Neil Holloway	Leeds & Bradford Triathlon Club	MV45	6/27	46:49:00
38	202	Bradley Kirsopp		MSEN	12/31	46:57:00
39	212	Steve Lee	Skyrac AC	MV45	7/27	47:04:00
40	287	David Raggett		MV35	5/14	47:05:00
41	322	Kjell Skjerven	South Leeds Lakers	MV50	6/18	47:06:00
42	308	Paul Sawyer	Hyde Park Harriers	MV35	6/14	47:35:00
43	21	Christopher Binks		MV50	7/18	47:43:00
44	89	Rob Dixon		MSEN	13/31	47:45:00
45	28	Peter Boden-Hook		MV35	7/14	48:01:00
46	239	Ian Mitchell	Knaresborough Striders	MV55	3/12	48:09:00
47	327	Edward Smith	Horsforth Fellandale	MV45	8/27	48:27:00
48	45	Phil Butterfield		MSEN	14/31	48:32:00
49	335	Ali Ameri	Abbey Runners	MV40	4/21	48:41:00
50	278	Jack Pickles		MSEN	15/31	49:21:00
51	342	Jane Suggitt	Leeds & Bradford Triathlon Club	FV45	1/19	49:25:00
52	107	Matthew Evans	Horsforth Harriers	MV40	5/21	49:28:00
53	122	Matthew Francis		MSEN	16/31	49:42:00
54	56	Joseph Carr		MSEN	17/31	49:43:00
55	232	Ted Matson		MV45	9/27	49:47:00
56	384	James Whittaker	Abbey Runners	MV50	8/18	49:49:00
57	31	David Bower	Saltaire Striders	MV55	4/12	49:56:00

58	220	Graeme Littlewood	Abbey Runners	MV50	9/18	49:58:00
59	247	Chris Munden		MSEN	18/31	50:13:00
60	393	Vicky Miller	Horsforth Harriers	FV45	2/19	50:14:00
61	101	John Ekblom		MV40	6/21	50:24:00
62	399	Tom Woodham		MV45	10/27	50:33:00
63	146	Paul Greene	Abbey Runners	MV60	2/9	50:49:00
64	132	Steph Gledhill	Valley Striders	FV40	2/23	51:00:00
65	343	Sue Sunderland	Valley Striders	FV60	1/8	51:01:00
66	78	Miriam Cunliffe		FV35	2/17	51:01:00
67	74	Andrew Coulton		MV45	11/27	51:02:00
68	149	Richard Haigh	South Leeds Lakers	MV55	5/12	51:04:00
69	27	Fiona Blyth	Hyde Park Harriers	FV40	3/23	51:32:00
70	75	Rubie Coulton	Bingley Harriers & AC	FSEN	4/24	51:40:00
71	7762	Rebecca Denvers		FSEN	5/24	51:45:00
72	302	Nik Rutherford		MSEN	19/31	51:54:00
73	316	Julia Sheer	Abbey Runners	FV45	3/19	51:57:00
74	120	Brendan Foley	Horsforth Harriers	MV40	7/21	52:07:00
75	51	Tom Calder		MV55	6/12	52:15:00
76	300	Katie Roe	Abbey Runners	FV40	4/23	52:33:00
77	151	Chris Hall	South Leeds Lakers	MV35	8/14	52:41:00
78	183	Charlotte Jackson	Eccleshill Road Runners	FSEN	6/24	52:56:00
79	402	Laura Wylde	Abbey Runners	FV40	5/23	52:58:00
80	366	Jack Verity	Saltaire Striders	MV60	3/9	52:58:00
81	404	Michael Yeadon	Horsforth Harriers	MV60	4/9	53:27:00
82	185	Sarah Jacques		FV45	4/19	53:52:00
83	321	Michael Sinclair		MV40	8/21	53:54:00
84	84	Neil Dawkin		MV35	9/14	53:57:00
85	264	Jenny Oldridge	Horsforth Harriers	FV50	1/12	53:58:00
86	96	Richard Duffy	Horsforth Harriers	MV70	1/7	54:02:00
87	14	Neil Baxter		MV45	12/27	54:04:00
88	257	Simon Nichols		MV45	13/27	54:05:00
89	40	Tom Brown		MV35	10/14	54:25:00
90	251	Alan Douglas	Saltaire Striders	MV50	10/18	54:32:00
91	362	Alex Tyler		MSEN	20/31	54:48:00
92	209	Neil Lawton		MV50	11/18	55:05:00
93	22	Glenn Blane		MV55	7/12	55:05:00
94	23	Jack Blane		MSEN	21/31	55:05:00
95	188	Don Johnson	Bingley Harriers & AC	MV65	1/4	55:08:00
96	325	David Smart		MV35	11/14	55:17:00
97	10	Sinead Baldwin		FV40	6/23	55:23:00
98	268	Matthew Pank		MSEN	22/31	55:26:00
99	170	Fiona Holmes	Abbey Runners	FV35	3/17	55:32:00
100	15	Jon Beckett		MV65	2/4	55:41:00
101	165	Liz Hindmarsh	Abbey Runners	FV35	4/17	55:48:00
102	83	Rob Davison		MSEN	23/31	55:48:00
103	71	Giles Cook	Queensbury Running Club	MV45	14/27	55:51:00
104	140	Jon Graham		MV40	9/21	56:12:00
105	159	Susie Haywood	Horsforth Harriers	FV45	5/19	56:39:00
106	379	Ray Wells		MV45	15/27	56:45:00
107	41	Danni Bryant	Hyde Park Harriers	FSEN	7/24	56:48:00
108	243	Richard Morris		MV55	8/12	57:05:00
109	241	Aidan Mooney	Abbey Runners	MV40	10/21	57:05:00
110	401	Michelle Wray		FSEN	8/24	57:09:00
111	370	Alex Wagner		MSEN	24/31	57:10:00
112	199	Craig Kent	Abbey Runners	MSEN	25/31	57:17:00
113	383	Ben Whitehead	Horsforth Harriers	MV40	11/21	57:33:00
114	368	Russ Vickers		MV60	5/9	57:50:00
115	294	Debbie Riley		FV45	6/19	57:53:00
116	32	Janet Bower	Saltaire Striders	FV55	1/14	57:53:00

117	4	Christine Addison	Horsforth Fellandale	FV55	2/14	57:55:00
118	381	Alastair White	Abbey Runners	MV55	9/12	58:00:00
119	166	Andrew Hodgson		MV45	16/27	58:13:00
120	345	Donna Swales	Abbey Runners	FV40	7/23	58:14:00
121	222	Paul Longman		MV45	17/27	58:15:00
122	69	Charlotte Connolly	Airecentre Pacers	FSEN	9/24	58:23:00
123	215	Andrew Lewis		MV55	10/12	58:29:00
124	152	Liam Hall		MV40	12/21	58:37:00
125	119	Andy Flynn	Northowram Pumas Running Club	MV50	12/18	58:47:00
126	203	David Kirsopp		MV45	18/27	59:03:00
127	156	Sonia Harris		FV40	8/23	59:04:00
128	124	Denise Frost	Dragons Running Club (Leeds)	FV60	2/8	59:07:00
129	398	Steve Wood	Horsforth Harriers	MV65	3/4	59:16:00
130	375	Rebecca Warrior		FV45	7/19	59:17:00
131	359	Sarah Turner-Thompson		FSEN	10/24	59:19:00
132	363	Michael Tyler		MV45	19/27	59:26:00
133	175	Victoria Hough	Farsley Flyers	FV35	5/17	59:33:00
134	290	James Rhodes		MV45	20/27	59:34:00
135	311	Sarah Sexton		FSEN	11/24	59:34:00
136	353	Richard Thomas	Kirkstall Harriers	MV60	6/9	59:39:00
137	282	Tony Pillinger		MV45	21/27	59:53:00
138	317	Alaric Shenton		MV35	12/14	59:55:00
139	369	Ed Vital		MV40	13/21	01:00:13
140	94	Matthew Dorling		MV45	22/27	01:00:18
141	367	Lynne Vickers	Lonely Goat RC	FV55	3/14	01:00:19
142	7	Caroline Asquith		FV40	9/23	01:00:28
143	234	Jon Mcneill		MV45	23/27	01:00:28
144	103	Sharon Elms	Airecentre Pacers	FV50	2/12	01:00:41
145	158	Jim Hartley		MV40	14/21	01:00:45
146	360	Laura Turnock		FV35	6/17	01:00:45
147	33	Emma Boyes		FSEN	12/24	01:00:48
148	90	Emma Dobson		FV45	8/19	01:00:50
149	127	Charlie Gaskell		MSEN	26/31	01:00:55
150	298	Karen Robinson		FV50	3/12	01:01:08
151	400	Tim Wouters		MV40	15/21	01:01:12
152	58	Andrew Carter		MSEN	27/31	01:01:39
153	378	Christine Wells		FV35	7/17	01:01:41
154	182	Bob Jackson	Valley Striders	MV70	2/7	01:01:43
155	105	Cath Endersby		FV45	9/19	01:01:50
156	265	Chris Oldroyd		MV45	24/27	01:01:51
157	25	Peter Blinston		MV50	13/18	01:01:51
158	47	Paula Byrne		FV55	4/14	01:01:55
159	356	Robert Troughton		MSEN	28/31	01:01:59
160	147	Tanya Hacker		FV45	10/19	01:02:01
161	24	Hannah Blinston		FSEN	13/24	01:02:01
162	198	Mary-Claire Kennedy		FSEN	14/24	01:02:01
163	229	Sue Malcolm	Morley Running Club	FV55	5/14	01:02:10
164	194	Joan Kavanagh	Abbey Runners	FV55	6/14	01:02:21
165	19	Alexandra Benyon	Abbey Runners	FV35	8/17	01:02:21
166	285	Carl Prendergast	Horsforth Fellandale	MV70	3/7	01:02:27
167	244	Paul Mortimer	Pudsey Pacers	MV50	14/18	01:02:30
168	76	Michael Craggs		MV40	16/21	01:02:31
169	284	Sara Potter	Pudsey Pacers	FV40	10/23	01:02:32
170	108	Philip Evans		MSEN	29/31	01:02:45
171	197	Ian Kemp		MV50	15/18	01:02:45
172	68	Amanda Connolly	Airecentre Pacers	FV50	4/12	01:02:53
173	242	James Mooney		MV40	17/21	01:03:26
174	387	Liz Willis	Abbey Runners	FV55	7/14	01:03:31
175	350	Laura Taylor		FV35	9/17	01:03:40

176	354	Ian Thornton	Roundhay Runners	MV55	11/12	01:03:41
177	43	Vicki Burton		FV45	11/19	01:03:48
178	208	Caroline Lawton	Dragons Running Club	FV45	12/19	01:03:49
179	361	Abigail Twinn		FSEN	15/24	01:03:55
180	95	Aiden Duffy	Farsley Flyers	MV60	7/9	01:03:59
181	221	Robin Llewellyn		MV50	16/18	01:03:59
182	204	Barry Kitchingman		MV45	25/27	01:04:00
183	249	Sean Murrice		MV40	18/21	01:04:05
184	252	Keith Naylor		MV40	19/21	01:04:11
185	318	Mervyn Silva	Saltaire Striders	MV65	4/4	01:04:15
186	187	Georgina Jakubiak		FV35	10/17	01:04:37
187	54	Gill Candlish		FV35	11/17	01:04:42
188	255	Amanda Newham	Ilkley Harriers	FV50	5/12	01:04:54
189	288	Carol Ramsden	Horsforth Harriers	FV60	3/8	01:05:07
190	102	Adam Ellis	Abbey Runners	MV45	26/27	01:05:14
191	190	Darren Calvert	Bramley Breezers	MV35	13/14	01:05:37
192	88	Victoria Dickinson	Pudsey Pacers	FV35	12/17	01:05:59
193	347	Katy Symington		FV35	13/17	01:06:19
194	293	Dawn Richardson	Knaresborough Striders	FV60	4/8	01:06:24
195	181	Hannah Hunter-Kelm		FSEN	16/24	01:06:25
196	29	Gill Booth	Kirkstall Harriers	FV50	6/12	01:06:40
197	81	Ashleigh Dalton		FSEN	17/24	01:06:54
198	129	Nicola Gibbs		FV40	11/23	01:07:12
199	332	Alex Sobel		MV45	27/27	01:07:13
200	36	Nick Breare	Saltaire Striders	MV70	4/7	01:07:22
201	357	Emma Turner		FV40	12/23	01:07:27
202	191	Luke Jones		MSEN	30/31	01:07:40
203	35	Helen Brant	Saltaire Striders	FV40	13/23	01:07:44
204	280	Laura Pilkington		FV35	14/17	01:07:48
205	20	Louise Biddulph		FV45	13/19	01:08:04
206	330	Simon Smith		MV50	17/18	01:08:12
207	254	Lisa Neil		FV50	7/12	01:08:12
208	392	Lisa Wilson		FV35	15/17	01:08:27
209	315	Amanda Shaw	Pudsey Pacers	FV40	14/23	01:08:33
210	223	Sharon Longman		FV40	15/23	01:08:54
211	304	Frances Russell	Bramley Breezers	FV60	5/8	01:08:56
212	276	Lisa Persico	Abbey Runners	FV40	16/23	01:08:58
213	390	Helen Wilson		FV50	8/12	01:09:14
214	391	James Wilson		MSEN	31/31	01:09:14
215	272	Tina Patel	Bramley Breezers	FV50	9/12	01:09:15
216	313	Marcus Sharpe		MV40	20/21	01:09:17
217	167	John Hogg		MV50	18/18	01:09:19
218	352	Diane Thomas	Kirkstall Harriers	FV55	8/14	01:09:49
219	141	Sue Warwick		FV55	9/14	01:09:56
220	133	Paul Glover	Kirkstall Harriers	MV70	5/7	01:10:20
221	320	Lynne Sinclair		FV40	17/23	01:10:21
222	269	Zuzana Panuskova		FV45	14/19	01:10:28
223	333	Ruth Spencer		FV65	1/3	01:11:00
224	407	Yuzaiful Yusof		MV35	14/14	01:11:08
225	274	Gayle Pennant		FV45	15/19	01:11:29
226	240	Daniela Moarti		FV35	16/17	01:11:56
227	235	Lorna Mcstay		FSEN	18/24	01:13:19
228	271	Corinna Parkins		FV40	18/23	01:13:37
229	192	Michael Jones	Saltaire Striders	MV60	8/9	01:13:44
230	246	Nadine Mulkerrin		FSEN	19/24	01:13:51
231	256	Elinor Newhouse	Baildon Runners	FV70	1/2	01:14:12
232	93	Marketa Dolezalova		FV40	19/23	01:14:14
233	351	Shelby Taylor		FSEN	20/24	01:14:46
234	326	Phil Smedley	Horsforth Harriers	MV55	12/12	01:14:58

235	59	Andrea Cavill		FV50	10/12	01:15:34
236	303	Nicky Roughton	Leeds & Bradford Triathlon	FV55	10/14	01:15:42
237	380	Julie Wetherell	Leeds & Bradford Triathlon	FV45	16/19	01:15:43
238	286	Megan Price		FSEN	21/24	01:16:09
239	291	Victoria Richards	Abbey Runners	FSEN	22/24	01:17:03
240	253	Petula Naylor		FV65	2/3	01:17:15
241	248	Amanda Murray-Hind	Bramley Breezers	FV45	17/19	01:17:39
242	258	Rebecca Norgate		FV45	18/19	01:18:03
243	328	Judith Smith	Abbey Runners	FV65	3/3	01:18:20
244	34	Angela Brady		FV40	20/23	01:18:45
245	341	Jennifer Stoodley		FV40	21/23	01:18:51
246	230	Caroline Manning		FV40	22/23	01:18:53
247	157	Coralin Harrison	Harrogate Harriers & AC	FV75	1/1	01:18:54
248	55	Dot Carr		FV70	2/2	01:18:55
249	180	Howard Hughes		MV70	6/7	01:19:00
250	113	Sarah Field	Abbey Runners	FV50	11/12	01:21:23
251	172	Karen Horsley		FV55	11/14	01:21:34
252	173	Keith Horsley		MV60	9/9	01:21:34
253	334	J Stack	Horsforth Harriers	FV50	12/12	01:22:32
254	5	Judith Armitage	Bramley Breezers	FV60	6/8	01:25:57
255	154	Mark Hancock		MV40	21/21	01:27:20
256	153	Jen Hancock		FSEN	23/24	01:27:20
257	112	Jackie Mann	Bramley Breezers	FV55	12/14	01:27:54
258	145	Angela Greene		FV60	7/8	01:28:17
259	99	Lesley Dutton		FV55	13/14	01:28:17
260	371	Helen Wall	Bramley Breezers	FV35	17/17	01:31:20
261	44	Nicole Bushby	Bramley Breezers	FV45	19/19	01:31:21
262	279	Harriet Pierce		FSEN	24/24	01:35:14
263	224	Sue Lumby	Horsforth Harriers	FV55	14/14	01:35:35
264	226	John Maile		MV70	7/7	01:38:20
265	397	Sonja Wood		FV40	23/23	01:40:03
266	49	Mary Byrne-Halasz		FV60	8/8	01:40:18