

Cookridge Community Run - 19 May 2019

Position	Bib	Name	Club	Category	Age grade	Net time	Gun time
1	306	Ciaran Forde	Leeds City AC	MSEN	77.60%	34:23:00	34:25:00
2	35	Chris Butterworth		MSEN	72.60%	36:47:00	36:48:00
3	295	Ross Cameron		MSEN	70.70%	37:44:00	37:45:00
4	45	Andrew Carr		MSEN	69.10%	38:36:00	38:37:00
5	257	Chris Tinker	Leeds & Bradford Triathlon Club	MSEN	69.10%	38:47:00	38:48:00
6	105	Rob Grant		MV45	74.70%	38:53:00	38:55:00
7	28	Kim Brown	Ripon Runners	MV45	74.20%	39:06:00	39:08:00
8	185	Stephen Morris	Leeds & Bradford Triathlon Club	MSEN	67.70%	39:34:00	39:36:00
9	219	Freddie Roden	Abbey Runners	MSEN	67.80%	40:12:00	40:13:00
10	4	Rich Allen	Pudsey Pacers	MV40	67.80%	40:49:00	40:51:00
11	325	Jamie Ryan		MSEN	65.10%	40:56:00	41:00:00
12	49	James Carvello	Roundhay Runners	MV40	66.20%	41:49:00	41:52:00
13	232	Mark Andrew Smith	Horsforth Harriers	MV40	66.00%	42:56:00	42:58:00
14	166	Sarah Maile		FSEN	70.00%	43:14:00	43:17:00
15	125	William Houghton	Tyne Bridge Harriers	MSEN	61.80%	43:26:00	43:28:00
16	79	Rhys Dunn		MSEN	61.40%	43:18:00	43:30:00
17	39	William Byrne		MSEN	61.20%	43:26:00	43:38:00
18	83	Tom Ellard		MSEN	60.90%	43:52:00	43:55:00
19	75	Tom Dobson		MV40	64.60%	44:07:00	44:14:00
20	95	Paul Freeman	Horsforth Harriers	MV50	68.40%	44:36:00	44:39:00
21	227	Heidi Siddle		FV40	70.50%	44:50:00	44:53:00
22	51	Gareth Cavill	Abbey Runners	MV45	65.40%	45:01:00	45:07:00
23	169	Ted Matson		MV40	62.80%	45:28:00	45:30:00
24	244	Richard Surey		MV35	59.10%	45:29:00	45:34:00
25	242	Jane Suggitt	Leeds & Bradford Triathlon Club	FV40	68.60%	46:25:00	46:28:00
26	326	David Semmence	Bramley Breezers	MSEN	57.60%	46:33:00	46:35:00
27	5	Megan Kelly	Horsforth Harriers	FSEN	65.00%	46:37:00	46:41:00
28	87	Adam Fearnley		MV35	58.60%	46:34:00	46:41:00
29	134	Daniel Jenkins	Eccleshill Road Runners	MV40	61.20%	46:30:00	46:42:00
30	188	Thomas Mullen		MSEN	56.90%	46:52:00	46:56:00
31	252	Nick Taylor		MSEN	56.50%	47:11:00	47:17:00
32	283	Ben Wood		MSEN	56.10%	47:28:00	47:33:00
33	48	George Carr		MSEN	56.10%	47:26:00	47:34:00
34	318	Ian Mitchell	Knaresborough Striders	MV55	66.40%	47:17:00	47:36:00
35	243	Sue Sunderland	Valley Striders	FV55	79.50%	47:34:00	47:37:00
36	237	Laura Stead		FSEN	63.60%	47:28:00	47:42:00
37	273	Gemma Wilhelmina		FSEN	63.50%	47:38:00	47:44:00
38	199	Matthew Pank		MSEN	55.80%	47:49:00	47:52:00
39	277	Chris Wilson		MV40	59.00%	47:58:00	48:02:00
40	208	Mark Ramsden		MSEN	55.60%	47:52:00	48:20:00
41	108	Richard Haigh	South Leeds Lakers	MV55	64.50%	48:31:00	48:37:00
42	272	James Whittaker	Abbey Runners	MV50	62.20%	48:28:00	48:40:00
43	44	Lee Carbutt		MSEN	54.50%	48:57:00	49:00:00
44	2	Liz Adams	Valley Striders	FV40	65.60%	48:56:00	49:00:00
45	324	Nik Rutherford		MSEN	54.40%	49:01:00	49:07:00
46	298	Andrew Collings		MV45	60.10%	48:59:00	49:10:00
47	336	Marc Steele	Eccleshill Road Runners	MSEN	54.10%	49:06:00	49:19:00
48	307	Sean Gilbert		MV45	60.20%	49:22:00	49:26:00
49	331	Edward Smith	Horsforth Fellandale	MV40	56.80%	49:46:00	49:55:00
50	187	Aaron Mulholland		MSEN	53.40%	49:47:00	49:58:00
51	201	David Parfitt		MSEN	53.30%	49:59:00	50:07:00
52	349	Tom Woodham		MV40	56.70%	50:13:00	50:25:00
53	254	David Thirlwell	Horsforth Harriers	MV40	54.70%	50:30:00	50:40:00

54	149	Jeff Lange		MV35	53.20%	50:30:00	50:50:00
55	146	Fiona Kitchingman		FSEN	59.40%	50:56:00	51:00:00
56	312	Cara Kirkness		FV35	60.80%	50:55:00	51:02:00
57	17	Daniel Bell		MV35	52.80%	50:57:00	51:05:00
58	247	Leroy Sutton	Valley Striders	MV60	64.70%	49:56:00	51:08:00
59	131	Beverly Hurst	Horsforth Harriers	FV55	71.00%	51:13:00	51:18:00
60	102	Peter Gosling	Otley AC	MV40	54.20%	51:20:00	51:29:00
61	119	Jill Hobson	Horsforth Harriers	FV45	63.90%	51:40:00	51:45:00
62	288	Daniel Yates		MSEN	51.70%	51:30:00	51:46:00
63	56	James Clark		MV50	58.40%	51:38:00	51:50:00
64	305	Garry Ellison	Eccleshill Road Runners	MV55	62.70%	51:38:00	51:51:00
65	235	Liam Stables		MSEN	51.50%	51:55:00	51:58:00
66	282	David Womersley	Horsforth Harriers	MV65	66.70%	51:51:00	52:00:00
67	152	Neil Lawton		MV45	56.60%	52:03:00	52:11:00
68	330	David Smart		MV35	51.80%	52:05:00	52:16:00
69	47	Emma Carr		FSEN	57.90%	52:15:00	52:22:00
70	299	Ben Collings		MSEN	52.50%	52:27:00	52:38:00
71	30	Simon Brown		MV40	54.20%	52:34:00	52:42:00
72	77	Sam Done		MV35	51.60%	52:34:00	52:43:00
73	73	Daniella Dobson		FV45	62.70%	52:40:00	52:44:00
74	225	William Shaw		MSEN	50.60%	52:11:00	52:49:00
75	80	Thomas Durkin		MSEN	50.40%	52:26:00	52:58:00
76	268	Kevin Watson	Horsforth Harriers	MV70	70.80%	52:53:00	53:01:00
77	171	Martha Mcbarron		FV60	74.80%	53:14:00	53:23:00
78	148	Georgia Lange		FV35	57.20%	53:11:00	53:33:00
79	203	Hannah Peterson	Roundhay Runners	FV35	57.00%	53:13:00	53:35:00
80	14	Jade Barton		FSEN	56.50%	53:27:00	53:37:00
81	220	James Ruane	Roundhay Runners	MSEN	49.80%	53:24:00	53:48:00
82	143	Dinesh Kaulgud	Valley Striders	MV45	53.90%	53:38:00	53:54:00
83	197	Mark Owen		MV45	54.20%	53:57:00	54:02:00
84	329	Ian Sleigh		MV55	58.40%	54:00:00	54:07:00
85	89	Steve Fender		MV45	54.90%	54:09:00	54:14:00
86	289	Michael Yeadon	Horsforth Harriers	MV60	60.60%	54:23:00	54:34:00
87	69	George Cunningham		MSEN	49.10%	54:06:00	54:36:00
88	26	Heron Brown	Abbey Runners	MV50	56.80%	54:37:00	54:39:00
89	177	Harrison Mcphee		MSEN	48.80%	53:35:00	54:43:00
90	186	Laura Mould		FV35	56.30%	54:23:00	54:52:00
91	301	Alan Davidson		MV50	56.60%	54:44:00	54:56:00
92	338	Julie Steele	Eccleshill Road Runners	FV55	67.10%	54:47:00	54:58:00
93	161	Andrew Love	Farsley Flyers	MV40	50.70%	54:42:00	55:00:00
94	122	Sophie Hodgkinson	Abbey Runners	FSEN	55.10%	54:38:00	55:01:00
95	241	Diane Streets		FV55	68.70%	54:48:00	55:03:00
96	176	Curtis Mcphee		MSEN	48.50%	53:58:00	55:06:00
97	117	Andy Heels		MV35	49.60%	54:43:00	55:09:00
98	182	Vicky Miller	Horsforth Harriers	FV40	56.60%	54:43:00	55:09:00
99	250	Cathy Taylor		FV45	58.50%	54:56:00	55:23:00
100	245	Geraldine Sutcliffe		FV50	61.80%	55:10:00	55:26:00
101	120	Maria Paliuc	Roundhay Runners	FSEN	54.40%	55:31:00	55:45:00
102	33	Richard Burberry		MV55	55.90%	55:39:00	56:05:00
103	43	Tom Calder		MV50	54.90%	55:47:00	56:07:00
104	7	Catherine Anderson	Farsley Flyers	FSEN	53.90%	56:02:00	56:12:00
105	110	Liam Hall		MV40	49.20%	56:01:00	56:19:00
106	141	Bernadette Jones		FV35	54.40%	56:17:00	56:32:00
107	308	Harriet Glover		FSEN	53.60%	56:25:00	56:34:00
108	133	Bob Jackson	Valley Striders	MV65	62.50%	56:32:00	56:38:00

109	132	Hannah Ives		FSEN	53.50%	56:31:00	56:39:00
110	347	Georgia Wimpory		FSEN	53.50%	56:31:00	56:39:00
111	218	Ian Robinson	Pudsey Pacers	MV35	48.30%	56:46:00	56:54:00
112	170	Krystina Mawer		FSEN	53.30%	56:25:00	56:55:00
113	101	Thomas Gold		MSEN	46.90%	56:29:00	56:58:00
114	160	Amy Llewellyn	Airecentre Pacers	FV35	54.10%	56:44:00	57:03:00
115	320	Amy Myers		FSEN	53.00%	56:40:00	57:12:00
116	276	Liz Willis	Abbey Runners	FV50	62.80%	56:52:00	57:14:00
117	214	David Roberts		MV40	49.10%	56:54:00	57:19:00
118	137	Katherine Johnson		FV40	55.60%	56:53:00	57:20:00
119	165	Louise Maile		FV50	60.80%	57:29:00	57:43:00
120	210	Mark Reynolds	Rothwell Harriers & AC	MV55	55.70%	57:41:00	57:46:00
121	136	Angela Johnson	Horsforth Harriers	FV65	73.00%	57:51:00	57:58:00
122	195	Carmel O'donovan		FV55	65.20%	57:56:00	58:02:00
123	196	Charles O'donovan		MSEN	46.00%	57:56:00	58:02:00
124	42	Steve Calder		MV55	54.00%	57:57:00	58:05:00
125	38	Simon Byrne		MV55	53.60%	58:09:00	58:29:00
126	60	Maisie Coates	Horsforth Harriers	FSEN	51.80%	57:55:00	58:34:00
127	211	James Rhodes		MV45	49.50%	58:28:00	58:37:00
128	100	Andy Gledhill	Airecentre Pacers	MV55	55.30%	58:21:00	58:47:00
129	168	Ryan Maple		MSEN	45.50%	58:43:00	58:58:00
130	323	Julie Richardson		FV45	57.30%	58:40:00	59:02:00
131	269	Timothy Weatherhead		MV50	52.10%	58:46:00	59:05:00
132	130	Lisa Hulme-Vickerstaff	Abbey Runners	FV50	59.30%	58:48:00	59:07:00
133	68	Jonathan Crossley		MSEN	45.00%	58:43:00	59:18:00
134	209	Philip Ramsden	Horsforth Harriers	MV55	54.70%	58:50:00	59:20:00
135	84	Sharon Elms	Airecentre Pacers	FV45	56.10%	59:15:00	59:36:00
136	62	Amanda Connolly	Airecentre Pacers	FV45	56.80%	59:14:00	59:36:00
137	63	Stephen Conway		MV50	51.60%	59:20:00	59:40:00
138	113	Diane Mckenna	Morley Running Club	FV50	58.70%	59:38:00	59:45:00
139	156	Patricia Lewis		FV55	61.70%	59:15:00	59:49:00
140	41	Susan Cage		FV45	55.30%	59:23:00	59:50:00
141	72	Tommy Dickson	Horsforth Harriers	MSEN	44.60%	59:23:00	59:52:00
142	265	Rebecca Warrior		FV40	53.20%	59:34:00	59:54:00
143	145	Sophie Kirk	Horsforth Harriers	FSEN	50.60%	59:18:00	59:56:00
144	13	Nicola Barnett	Horsforth Harriers	FV45	54.10%	59:29:00	59:59:00
145	37	Paula Byrne		FV55	60.50%	59:49:00	01:00:11
146	239	Mary Stewart		FV45	56.20%	59:59:00	01:00:12
147	266	Fiona Waterhouse	Horsforth Harriers	FV40	52.10%	59:49:00	01:00:18
148	74	Emma Dobson		MV40	47.00%	01:00:05	01:00:22
149	82	Nicola Earle		FSEN	50.00%	01:00:32	01:00:39
150	333	Jess Stanley		FSEN	49.90%	01:00:37	01:00:46
151	129	Emma Howson		FV40	52.00%	01:00:41	01:00:50
152	284	Kelly Wood		FV40	51.90%	01:00:43	01:00:53
153	57	Lesley Clayton		FV60	65.50%	01:00:35	01:00:59
154	236	Jacqueline Stack	Horsforth Harriers	FV50	56.70%	01:00:51	01:01:07
155	151	Caroline Lawton	Dragons Running Club	FV45	52.90%	01:00:58	01:01:16
156	29	Sarah Brown		FV40	52.40%	01:00:46	01:01:19
157	300	Elaine Craiggs		FV40	51.90%	01:00:09	01:01:24
158	238	Jamie Stewart	Horsforth Harriers	FV35	50.20%	01:01:12	01:01:27
159	124	Simon Holland		MV50	50.10%	01:01:03	01:01:32
160	258	Christine Townson		FV65	67.70%	01:01:07	01:01:32
161	91	Sean Fletcher		FV55	60.60%	01:01:27	01:01:36
162	135	Paul Jobson		MV50	49.50%	01:01:24	01:01:38
163	316	Liam Mcconigly		MV40	45.20%	01:01:03	01:01:41

164	67	Karen Shackleton	Blue lagoon tri club	FV50	58.20%	01:01:32	01:01:45
165	104	Peter Graham		MV70	60.80%	01:01:12	01:01:46
166	294	Simon Bowens	Abbey Runners	MV50	49.40%	01:01:37	01:01:49
167	25	Ella Brown		FSEN	49.00%	01:01:16	01:01:51
168	90	Mandy Fletcher		FV40	51.10%	01:01:43	01:01:53
169	267	Joanna Watson		FV45	52.30%	01:01:33	01:02:02
170	327	Marcus Sharpe		MV40	44.90%	01:01:43	01:02:08
171	255	Karen Thompson		FV40	50.50%	01:01:57	01:02:12
172	65	Nathan Cooper		MSEN	42.90%	01:01:48	01:02:15
173	183	Kerrie Mintoft	Farsley Flyers	FV35	49.70%	01:01:59	01:02:26
174	234	Sarah Sowerby		FV35	49.30%	01:02:19	01:02:36
175	31	Danni Bryant		FSEN	48.30%	01:02:21	01:02:42
176	240	Julia Stirrup		FSEN	48.30%	01:02:21	01:02:42
177	293	Gill Booth	Kirkstall Harriers	FV45	53.30%	01:02:29	01:02:47
178	322	Robert Parkinson		MSEN	42.50%	01:02:16	01:02:47
179	340	David Stonehouse	Skelmersdale Boundary Harriers	MV45	47.30%	01:02:23	01:02:54
180	296	Rosina Citrone		FSEN	48.20%	01:01:24	01:02:55
181	251	Laura Taylor		FV35	48.80%	01:02:41	01:03:00
182	202	Ian Park	Horsforth Harriers	MV65	54.50%	01:02:36	01:03:01
183	339	Sheila Stoddart		FV55	57.80%	01:02:53	01:03:03
184	217	Chloe Robinson	Bramley Breezers	FSEN	48.00%	01:03:00	01:03:06
185	98	Isabelle Garside		FSEN	48.00%	01:02:32	01:03:07
186	229	Phil Smedley	Horsforth Harriers	MV50	48.80%	01:02:38	01:03:09
187	309	Faye Hudson		FSEN	48.00%	01:02:33	01:03:12
188	85	Philip Evans		MSEN	42.10%	01:02:59	01:03:23
189	228	Hannah Silver		FSEN	47.90%	01:03:17	01:03:34
190	36	Dominic Byrne		MSEN	42.00%	01:03:17	01:03:34
191	256	Ian Thornton		MV50	48.90%	01:02:58	01:03:35
192	18	Zeni Bellwood	Hyde Park Harriers	FSEN	47.60%	01:03:21	01:03:38
193	344	Karen Thrippleton		FV50	56.50%	01:03:25	01:03:40
194	319	Rob Monkman		MSEN	41.90%	01:03:11	01:03:45
195	150	Neil Langford		MV50	47.10%	01:03:30	01:03:45
196	221	Louisa Saunders		FV45	51.90%	01:03:03	01:03:46
197	93	Lynsey Franks		FV45	50.80%	01:03:05	01:03:46
198	184	Liam Morris		MSEN	41.80%	01:03:20	01:03:54
199	121	Paul Hock		MV35	42.90%	01:03:29	01:04:01
200	332	Julie Smith	Horsforth Harriers	FV40	48.60%	01:03:46	01:04:10
201	107	Tanya Hacker		FV40	49.50%	01:04:09	01:04:21
202	313	Deborah Lightowler	Horsforth Harriers	FV50	53.20%	01:03:54	01:04:26
203	118	Josh 'the Bullet' Herbert		MSEN	41.40%	01:04:09	01:04:29
204	281	Rebecca Wixey		FSEN	47.10%	01:04:00	01:04:29
205	207	Carol Ramsden	Horsforth Harriers	FV60	61.10%	01:03:54	01:04:30
206	226	Mark Shepherd		MV45	45.70%	01:04:08	01:04:36
207	233	Abigail Smith		FSEN	46.90%	01:04:01	01:04:37
208	154	Andrew Lewis		MV50	47.60%	01:04:01	01:04:38
209	114	Joanna Heaton	Roundhay Runners	FSEN	46.90%	01:04:02	01:04:38
210	337	Martin Steele	Eccleshill Road Runners	MV55	49.20%	01:04:35	01:04:47
211	285	Michelle Wood		FV50	54.10%	01:04:31	01:04:49
212	147	Karen Lacy-Roberts		FV50	54.70%	01:04:20	01:04:56
213	53	Teresa Charlesworth		FV50	52.70%	01:04:19	01:04:56
214	212	Jo Riley		FV50	52.70%	01:04:35	01:04:57
215	278	Helen Wilson		FV50	53.20%	01:04:57	01:05:11
216	317	Isabel Mckenzie		FV40	48.20%	01:04:58	01:05:12
217	191	Debi Nicholson	Horsforth Fellandale	FV40	49.30%	01:04:33	01:05:12
218	116	Tori Heaton		FSEN	46.60%	01:04:42	01:05:16

219	112	Vicky Hawley	Airecentre Pacers	FV35	47.20%	01:05:07	01:05:26
220	342	Christina Tarbotton		FSEN	46.30%	01:04:57	01:05:29
221	140	Robyn Johnson	Hyde Park Harriers	FSEN	46.20%	01:05:26	01:05:43
222	159	Jamie Lister		MSEN	40.30%	01:05:50	01:06:09
223	1	Rowan Ackroyd	Keighley & Craven AC	FV50	53.50%	01:05:46	01:06:23
224	15	David Beardsworth		MV65	53.80%	01:06:07	01:06:24
225	76	Nicki Dodds		FV35	46.20%	01:06:01	01:06:31
226	115	Paul Heaton		MV50	45.10%	01:06:13	01:06:33
227	59	Helen Coates		FV50	53.30%	01:05:55	01:06:34
228	61	Peter Coates		MV55	47.50%	01:05:56	01:06:34
229	205	Colin Priestley		MV55	48.20%	01:06:05	01:06:44
230	345	Lindsay Wallwork		FV45	49.00%	01:06:12	01:06:50
231	334	Clare Starkie		FV40	48.10%	01:06:13	01:06:51
232	50	Andrea Cavill		FV45	50.60%	01:06:35	01:06:53
233	164	Narinder Lyon		FV45	48.40%	01:06:31	01:06:57
234	279	Lucy Winder	Pudsey Pacers	FV35	46.10%	01:06:44	01:07:01
235	179	Sally Merchant-Edge		FV45	49.70%	01:06:40	01:07:18
236	128	Fraser Howitt	Chapel Allerton RC	MV55	46.90%	01:06:57	01:07:25
237	174	Martin Mckay	Dragons Running Club	MV40	42.00%	01:06:45	01:07:26
238	204	Sara Potter	Pudsey Pacers	FV40	46.50%	01:06:42	01:07:28
239	3	Dianne Addison		FV55	54.60%	01:07:15	01:07:30
240	32	Janice Burberry		FV55	54.60%	01:07:10	01:07:36
241	290	Maria Ala-Aijala		FV45	47.90%	01:07:03	01:07:37
242	8	Heather Archbold		FV35	45.30%	01:07:24	01:07:51
243	23	Angela Brady		FV40	46.60%	01:07:29	01:07:56
244	139	Malcolm Johnson	Horsforth Harriers	MV70	53.10%	01:07:34	01:08:03
245	343	Diane Thomas	Kirkstall Harriers	FV55	53.40%	01:07:41	01:08:08
246	12	Terence Michael Baldwinson		MV75	61.40%	01:07:55	01:08:14
247	178	William Mcphee		MV55	46.70%	01:07:30	01:08:17
248	94	Janette Freeman	Horsforth Harriers	FV50	50.80%	01:07:29	01:08:17
249	310	Polly Hutton		FV40	46.30%	01:07:53	01:08:17
250	162	David Lowe		MV50	45.30%	01:08:22	01:08:37
251	190	Sarah Myers	Eccleshill Road Runners	FV45	47.70%	01:08:25	01:08:38
252	248	Katy Taverner	Horsforth Harriers	FV50	51.60%	01:08:26	01:08:47
253	54	Chelsea Clapham		FSEN	44.00%	01:08:13	01:08:49
254	216	Shirley Roberts		FV65	61.20%	01:08:38	01:09:02
255	153	Richard Lee		MV40	41.00%	01:08:32	01:09:08
256	71	Lia de Faveri	Pudsey Pacers	FSEN	43.90%	01:09:08	01:09:25
257	259	Sioned Treharne		FSEN	43.60%	01:09:08	01:09:28
258	97	Gemma Garner	Horsforth Harriers	FV35	44.30%	01:09:21	01:09:36
259	88	Amy Feather	Horsforth Harriers	FV40	45.10%	01:09:21	01:09:37
260	303	Tamsen Earley		FSEN	43.20%	01:09:30	01:10:05
261	302	Susan Earley		FV50	51.30%	01:09:31	01:10:05
262	127	Nikki Houseman		FV45	47.70%	01:09:31	01:10:06
263	111	Coralin Harrison	Harrogate Harriers & AC	FV70	68.00%	01:10:16	01:10:24
264	280	Stuart Wiseman		MSEN	38.10%	01:10:03	01:10:33
265	311	Sarah Jackson		FSEN	42.50%	01:11:09	01:11:18
266	138	Lindsay Johnson	Pudsey Pacers	FV50	48.60%	01:11:01	01:11:18
267	99	Simon Gibson		MV50	43.00%	01:11:20	01:11:34
268	274	Emma Wilkinson		FV35	42.30%	01:11:39	01:12:05
269	321	Julie Oldfield	Roundhay Runners	FV55	52.40%	01:11:34	01:12:12
270	189	Allison Munro	Roundhay Runners	FV50	47.90%	01:11:42	01:12:23
271	193	Mary O' Donnell	Roundhay Runners	FV35	42.70%	01:11:43	01:12:23
272	292	Jenni Blakeney-Barrett		FV55	51.30%	01:12:12	01:12:46
273	253	Sue Taylor		FV55	51.20%	01:12:41	01:12:55

274	314	Jake Lowell		MSEN	36.40%	01:13:03	01:13:24
275	34	Nicola Burdett		FV45	45.50%	01:13:21	01:13:34
276	231	Elizabeth Smith	Baildon Runners	FV35	41.70%	01:12:57	01:13:44
277	21	Annie Blakey	Eccleshill Road Runners	FV45	45.90%	01:13:07	01:13:46
278	126	Lucy Houseman		FSEN	40.80%	01:13:53	01:14:27
279	249	Alice Taylor		FSEN	40.20%	01:15:10	01:15:24
280	64	Julie Cooper	Bramley Breezers	FV50	46.50%	01:16:42	01:17:23
281	271	Anna Whilding		FV60	49.80%	01:17:26	01:18:05
282	328	Amanda Shaw	Pudsey Pacers	FV35	39.30%	01:17:52	01:18:35
283	46	Dot Carr		FV70	58.30%	01:19:23	01:19:34
284	275	Ann Wilkinson-Cox		FV45	40.40%	01:19:28	01:20:12
285	20	Matt Beswick		MSEN	33.20%	01:19:35	01:20:17
286	163	Sue Lumby	Horsforth Harriers	FV55	45.70%	01:20:21	01:20:39
287	297	Connor Clark	Abbey Runners	MSEN	34.00%	01:21:22	01:21:23
288	24	Ellie Britton		FSEN	37.00%	01:21:21	01:21:53
289	6	Elena Anamaterou		FSEN	37.00%	01:21:22	01:21:55
290	215	Graham Roberts		MV70	43.30%	01:23:00	01:23:21
291	27	Ian Brown	Horsforth Harriers	MV70	45.60%	01:23:01	01:23:34
292	192	Barbara Nixon		FV40	37.70%	01:23:19	01:23:51
293	304	Helen Earnshaw		FV45	38.70%	01:23:19	01:23:51
294	264	Karen Ward		FV55	43.10%	01:23:39	01:24:23
295	9	Judith Armitage	Bramley Breezers	FV60	45.70%	01:24:22	01:25:03
296	291	Samuel Black	Abbey Runners	MV70	43.90%	01:24:57	01:25:28
297	222	Christopher Saville		MSEN	29.70%	01:29:01	01:29:43
298	92	John Maile		MSEN	40.65%	01:31:08	01:31:22
299	40	Mary Byrne-Halaszi		FV60	43.30%	01:31:36	01:32:18
300	261	Dawn Wade	Dalesway Nordic Walking Club	FV55	38.80%	01:33:18	01:33:42
301	175	Liz Mckeown		FV60	43.20%	01:33:21	01:33:42
302	103	Angela Graham	Dalesway Nordic Walking Club	FV55	40.90%	01:33:18	01:33:43
303	350	Joanne Woodhead		FV50	36.90%	01:33:14	01:33:58
304	206	Jean Pulford	Dalesway Nordic Walking Club	FV60	41.50%	01:34:35	01:34:57
305	16	Lynn Beaumont	Bramley Breezers	FV60	41.20%	01:34:53	01:35:34
306	348	Sonja Wood		FV40	32.70%	01:35:15	01:35:53
307	55	Annette Clark	Pudsey Pacers	FV45	34.20%	01:35:51	01:36:36
308	246	Bernice Talbot	Dalesway Nordic Walking Club	FV65	38.20%	01:48:37	01:49:02
309	224	Samantha Sharman	Bramley Breezers	FV45	30.40%	01:49:06	01:49:49
310	260	Satvinder Virdee		FV35	27.90%	01:49:06	01:49:50