

Cookridge Community Run - 22 May 2022

Position	Bib	Name	Club	Category	Cat position	Net time
1	222	Freddie Roden	Abbey Runners	MSEN	1/55	35:07
2	330	Aidan Nixon	Abbey Runners	MSEN	2/55	37:15
3	45	Edward Cheseldine		MSEN	3/55	38:16
4	263	Michael Vargas	Hyde Park Harriers	MV35	1/22	38:29
5	332	Paul Parkins	Saltaire Striders	MV40	1/23	38:44
6	1	Michael Abrams-Cohen	Ilkley Harriers	MSEN	4/55	39:11
7	257	Chris Tinker	Leeds & Bradford Triathlon Club	MV35	2/22	39:23
8	88	James Garner	Hillsborough & Rivelin RC	MSEN	5/55	40:02
9	61	David Dempsey		MSEN	6/55	40:20
10	27	Stef Brienen	Abbey Runners	MSEN	7/55	40:29
11	2321	Guy Close	Knaresborough Striders	MV40	2/23	40:34
12	39	Will Caress	Horsforth Harriers	MSEN	8/55	40:41
13	80	Dominic Fanaroff	Abbey Runners	MSEN	9/55	41:04
14	241	Jonathan Spain	Hyde Park Harriers	MSEN	10/55	41:32
15	230	Matthew Sharpe	Abbey Runners	MSEN	11/55	41:38
16	225	Phillip Scholefield	Abbey Runners	MSEN	12/55	41:56
17	4	Jimmy Allott		MSEN	13/55	42:10
18	2668	Amy Ramsden-Young	Hyde Park Harriers	FSEN	1/36	42:18
19	2268	Matt Beer		MSEN	14/55	42:46
20	2700	Brit Tate	Ilkley Harriers	FSEN	2/36	42:46
21	217	Tom Robertshaw		MV35	3/22	42:55
22	72	Rhys Dunn		MSEN	15/55	43:01
23	120	John Horgan		MV35	4/22	43:12
24	212	Martin Bell		MV45	1/24	43:18
25	292	Iain Young	Ilkley Harriers	MSEN	16/55	43:22
26	2365	Chloe Hirst	Harrogate Harriers & AC	FSEN	3/36	43:29
27	89	Adam Gerrish	Ilkley Harriers	MSEN	17/55	43:47
28	339	Peter Shelley	Ilkley Harriers	MV50	1/25	44:06
29	32	Lukas Brookfield	Skyrac AC	MSEN	18/55	44:15
30	2656	Andrew Pritchard	Harrogate Harriers & AC	MSEN	19/55	44:23
31	328	James Murphy		MSEN	20/55	44:23
32	2672	James Ryder	Ilkley Harriers	MV55	1/12	44:38
33	315	Andy Hill	Kippax & District Harriers	MV50	2/25	44:40
34	166	Ted Matson		MV45	2/24	44:48
35	58	Paul Craven	Abbey Runners	MV50	3/25	44:49
36	259	Colin Tranter	Hyde Park Harriers	MV40	3/23	44:53
37	136	Daniel Kay		MSEN	21/55	44:55
38	324	Megan Lewis		FSEN	4/36	44:59
39	43	Gareth Cavill	Abbey Runners	MV50	4/25	45:01
40	294	Jay Bennett		MV45	3/24	45:07
41	69	Ian Downham	Kippax & District Harriers	MV50	5/25	45:09
42	47	Hefin Clarke	North Leeds Fell Runners	MV35	5/22	45:10
43	201	Mike Powell	Valley Striders	MV40	4/23	45:28
44	3	Glenn Akester	Horsforth Harriers	MSEN	22/55	45:35
45	207	David Raggett		MV35	6/22	45:38
46	64	Rob Dixon		MSEN	23/55	45:39
47	319	Charlie Jackett	Hyde Park Harriers	MV40	5/23	45:43
48	60	Alan Davy	Kippax & District Harriers	MV40	6/23	45:51
49	10	Richard Ashworth	Abbey Runners	MV45	4/24	45:56
50	314	David Henson		MSEN	24/55	46:02
51	2710	Jenny Walker-Leach	Lytchett Manor Striders	FV45	1/31	46:03
52	331	Robin Owen		MV45	5/24	46:17
53	94	Rory Goldthorpe	Abbey Runners	MV40	7/23	46:26
54	154	Andy Linyard		MV40	8/23	46:27
55	2690	Jon Smith	Roundhay Runners	MV50	6/25	46:33

56	176	Ian Mitchell	Knaresborough Striders	MV55	2/12	46:38
57	163	George Macleod		MSEN	25/55	46:40
58	312	Chris Harris	Hyde Park Harriers	MSEN	26/55	46:41
59	63	Alex Dixon		MV35	7/22	46:46
60	192	Ethan O'loughlin		MSEN	27/55	47:02
61	2759	James Count		MSEN	28/55	47:02
62	335	Jez Rix	Saltaire Striders	MV60	1/11	47:04
63	41	Poppy Cartwright	Airecentre Pacers	FSEN	5/36	47:05
64	2758	Alistair Young	Bingley Harriers & AC	MSEN	29/55	47:21
65	134	Dinesh Kaulgud	Valley Striders	MV45	6/24	47:25
66	110	Michael Ho	Ilkley Harriers	MV45	7/24	47:37
67	236	Edward Smith	Horsforth Fellandale	MV45	8/24	47:38
68	67	Tom Dobson		MV45	9/24	47:39
69	2368	Graham Hoy	Kippax & District Harriers	MV40	9/23	47:41
70	2337	Matthew Francis		MSEN	30/55	47:44
71	194	Brenda Peake	Airecentre Pacers	FV45	2/31	47:55
72	117	Neil Holloway	Leeds & Bradford Triathlon Club	MV45	10/24	47:55
73	92	Steph Gledhill	Valley Striders	FV40	1/30	48:05
74	7	Curtis Arnott	Beverley AC	MSEN	31/55	48:14
75	2685	Paul Smith	Valley Striders	MV50	7/25	48:17
76	345	Brad Strutt	Pudsey Pacers	MV35	8/22	48:23
77	290	Tom Woodham		MV45	11/24	48:25
78	291	Helen Wright	Ilfracombe Running Club	FV40	2/30	48:46
79	279	James Whittaker	Abbey Runners	MV50	8/25	48:58
80	253	Hazel Taplin		FV40	3/30	49:07
81	51	Andrea Cobo	Abbey Runners	FSEN	6/36	49:17
82	220	Kevin Robinson	Kippax & District Harriers	MV45	12/24	49:20
83	306	Matt Ellis	Abbey Runners	MV45	13/24	49:25
84	316	Alex Hope		MSEN	32/55	49:25
85	182	Chris Munden		MSEN	33/55	49:29
86	90	Michael Gibson	North Shields Polytechnic Club	MV40	10/23	49:32
87	302	Matt Carter	Valley Striders	MV40	11/23	49:36
88	84	Emily Follows	Kippax & District Harriers	FV40	4/30	49:42
89	200	James Powell	York Knavesmire Harriers	MV40	12/23	50:13
90	2651	Lucas Parkins		MSEN	34/55	50:19
91	246	Craig Stevens		MSEN	35/55	50:19
92	21	Robert Blemings	Morley Running Club	MSEN	36/55	50:28
93	300	Dominic Byrne		MSEN	37/55	50:38
94	250	Sue Sunderland	Valley Striders	FV60	1/11	50:42
95	2712	Tracey Watson	Ilkley Harriers	FV55	1/24	51:01
96	288	Ian Wood	Lonely Goat RC	MV45	14/24	51:07
97	258	Simon Towler		MSEN	38/55	51:07
98	2363	Paul Hammond	Kippax & District Harriers	MV60	2/11	51:22
99	56	Suzanne Costello	Kippax & District Harriers	FV35	1/23	51:23
100	155	Graeme Littlewood	Abbey Runners	MV50	9/25	51:30
101	309	Christopher Gibson		MV70	1/6	51:37
102	232	Julia Sheer	Abbey Runners	FV45	3/31	51:38
103	287	David Womersley	Horsforth Harriers	MV65	1/8	51:41
104	2765	James Ryal		MV35	9/22	51:46
105	82	James Fearn		MV35	10/22	51:51
106	2655	Lucy Pearson		FSEN	7/36	51:52
107	91	Sean Gilbert		MV50	10/25	51:53
108	341	Ian Sleigh		MV55	3/12	51:54
109	173	Annette Mctaggart	Kippax & District Harriers	FV50	1/17	51:55
110	235	David Smart		MV35	11/22	52:02
111	96	Paul Greene	Abbey Runners	MV60	3/11	52:11
112	318	Michael Huxtable		MSEN	39/55	52:13

113	125	Vicky Houghtom	Hyde Park Harriers	FV40	5/30	52:15
114	130	Adam Johnson	Dragons Running Club (Leeds)	MV40	13/23	52:16
115	350	Emily Williams	Hyde Park Harriers	FSEN	8/36	52:17
116	2260	Mark Albon	Kippax & District Harriers	MSEN	40/55	52:18
117	102	Robert Harrison	Dragons Running Club (Leeds)	MV50	11/25	52:19
118	111	Dong Hoang	Abbey Runners	FV45	4/31	52:20
119	77	Clare Evans	Hyde Park Harriers	FSEN	9/36	52:46
120	26	Jonathan Bray		MSEN	41/55	52:52
121	2336	Matthew Dorling		MV50	12/25	52:59
122	2282	Shaunna Burke		FV45	5/31	53:11
123	37	Tom Calder		MV55	4/12	53:16
124	149	Dan Lee	Hyde Park Harriers	MV40	14/23	53:22
125	99	Richard Haigh	South Leeds Lakers	MV55	5/12	53:25
126	307	Richard Fennell		MV55	6/12	53:26
127	174	John Messenger	Kippax & District Harriers	MV70	2/6	53:27
128	103	Rob Hayes		MV35	12/22	53:36
129	348	Graham Warwick		MV55	7/12	53:37
130	265	Russ Vickers	Lonely Goat RC	MV60	4/11	53:38
131	227	Neil Sergeant	Beverley AC	MV70	3/6	54:00
132	252	Liam Symington		MV35	13/22	54:02
133	340	James Slater	Valley Striders	MV50	13/25	54:09
134	35	Danni Bryant	Hyde Park Harriers	FSEN	10/36	54:26
135	2265	James Balkwill	Abbey Runners	MV50	14/25	54:30
136	213	Emma-Jane Richardson	Kippax & District Harriers	FV40	6/30	54:33
137	2323	Julian Cosham		MV45	15/24	54:48
138	2364	Alan Hicks		MV50	15/25	54:50
139	31	Rhiannon Broadbent		FSEN	11/36	54:50
140	264	Lynne Vickers	Lonely Goat RC	FV55	2/24	54:50
141	2	Nathan Ackroyd		MSEN	42/55	54:57
142	112	Joanna Hobson	Otley AC	FV60	2/11	55:01
143	297	Janet Bower	Saltaire Striders	FV55	3/24	55:05
144	131	Louise Johnson	Dragons Running Club (Leeds)	FV40	7/30	55:17
145	36	Lee Bulmer	Abbey Runners	MV40	15/23	55:19
146	184	Simon Nichols		MV45	16/24	55:24
147	278	Ben Whitehead	Horsforth Harriers	MV40	16/23	55:28
148	113	Andrew Hodgson		MV45	17/24	55:30
149	301	Cherie Carter	Valley Striders	FV35	2/23	55:32
150	2313	Sarah Chantrill	Abbey Runners	FV50	2/17	55:36
151	54	Giles Cook	Queensbury Running Club	MV50	16/25	55:43
152	143	Jeff Lange		MV35	14/22	55:43
153	2647	Daniel Orton	Quakers Running Club	MV35	15/22	55:44
154	191	Niamh O'donovan		FSEN	12/36	55:46
155	2391	Kim Jackson	South Leeds Lakers	FV35	3/23	55:48
156	346	Julie Taylor	Kippax & District Harriers	FV50	3/17	55:54
157	224	Marisa Sanavro		FV45	6/31	56:00
158	239	Stephanie Sobek		FSEN	13/36	56:01
159	333	Joshua Pearson		MSEN	43/55	56:12
160	2691	Claire Stover		FV50	4/17	56:17
161	124	Emma Hough	Dragons Running Club (Leeds)	FV45	7/31	56:28
162	145	Malcolm Lavery	Abbey Runners	MV55	8/12	56:38
163	76	Adam Ellis	Abbey Runners	MV45	18/24	56:45
164	211	Sarah Rawlings	Eccleshill Road Runners	FV55	4/24	56:53
165	142	Georgia Lange		FV35	4/23	57:01
166	2745	Tim Wouters		MV40	17/23	57:10
167	22	Peter Blinston	Abbey Runners	MV55	9/12	57:11
168	109	Liz Hindmarsh	Abbey Runners	FV40	8/30	57:15
169	321	James Jarvis		MSEN	44/55	57:16

170	343	Cheryl Stanton	Kippax & District Harriers	FV40	9/30	57:21
171	289	Steve Wood	Horsforth Harriers	MV65	2/8	57:32
172	9	Kathryn Ashworth	Abbey Runners	FV45	8/31	57:34
173	311	Doe Gomez		MV40	18/23	57:40
174	55	Clare Copley	Kippax & District Harriers	FV40	10/30	57:44
175	338	Nik Rutherford		MSEN	45/55	57:46
176	317	Alison Hunter	Kippax & District Harriers	FV55	5/24	57:46
177	2629	Coral Major		FSEN	14/36	57:51
178	147	Anna Lay	Kippax & District Harriers	FV40	11/30	57:54
179	85	Ken Fox	Valley Striders	MV60	5/11	57:56
180	271	Rebecca Warrior		FV45	9/31	57:58
181	159	David Lowry		MV35	16/22	58:05
182	204	Jane Prust	Hyde Park Harriers	FV60	3/11	58:15
183	323	Terry Kinvig		MV65	3/8	58:21
184	66	Emma Dobson		FV45	10/31	58:28
185	151	Andrew Lewis		MV55	10/12	58:28
186	240	Alex Sobel		MV45	19/24	58:34
187	190	Carmel O'donovan		FV60	4/11	58:38
188	231	Jenny Shaw	Saltaire Striders	FSEN	15/36	58:39
189	2709	Mick Tinker	Valley Striders	MV65	4/8	58:43
190	215	Debbie Riley		FV45	11/31	58:47
191	46	Jamie Clark		MV35	17/22	58:54
192	153	Katherine Linney		FV35	5/23	58:57
193	97	Tanya Hacker	St Therasas AC	FV45	12/31	59:01
194	100	Liam Hall		MV40	19/23	59:04
195	156	Robin Llewellyn		MV50	17/25	59:12
196	280	Liz Whittaker	Abbey Runners	FV55	6/24	59:15
197	2355	Tim Halton-Major		MV35	18/22	59:15
198	83	Sam Flint-Schwab		MV35	19/22	59:28
199	261	Alex Tyler		MSEN	46/55	59:29
200	86	Jen Freeman		FV35	6/23	59:37
201	193	Elouise Payne		FV35	7/23	59:46
202	298	Clare Brame	Lonely Goat RC	FV35	8/23	59:48
203	157	Adam Lowe		MSEN	47/55	59:57
204	210	Philip Ramsden	Horsforth Harriers	MV60	6/11	1:00:00
205	168	Andrew Mcdermott		MV50	18/25	1:00:01
206	2393	Hannah Kittle	Vegan Runners UK	FV35	9/23	1:00:02
207	2352	Simon Greene		MV65	5/8	1:00:04
208	266	Daniella Wainwright		FV40	12/30	1:00:09
209	132	Pirjo Johnson	Pudsey Pacers	FV55	7/24	1:00:13
210	2742	Kirsty Worsnop		FV35	10/23	1:00:15
211	262	Michael Tyler		MV45	20/24	1:00:17
212	209	Carol Ramsden	Horsforth Harriers	FV60	5/11	1:00:19
213	329	Rob Myers	Baildon Runners	MV65	6/8	1:00:36
214	178	Aidan Mooney	Abbey Runners	MV45	21/24	1:00:48
215	172	Lucy Mcparland	Horsforth Harriers	FV35	11/23	1:00:50
216	2353	Liz Grosvenor		FV35	12/23	1:00:50
217	198	Katherine Porter		FV40	13/30	1:00:52
218	218	Charlotte Robinson	Kippax & District Harriers	FV40	14/30	1:00:55
219	30	Adam Broadbent	Horsforth Fellandale	MSEN	48/55	1:00:57
220	254	Hannah Thomas	Bramley Breezers	FSEN	16/36	1:01:00
221	276	Christine Wells		FV35	13/23	1:01:05
222	2390	Bob Jackson	Valley Striders	MV70	4/6	1:01:10
223	347	Malcolm Taylor		MV65	7/8	1:01:10
224	285	Vicky Wilson	Horsforth Harriers	FSEN	17/36	1:01:21
225	326	Frank Masley	Saltaire Striders	MV70	5/6	1:01:21
226	255	Ian Thornton	Roundhay Runners	MV55	11/12	1:01:25

227	52	Emma Cole		FSEN	18/36	1:01:31
228	219	Karen Robinson	Otley AC	FV50	5/17	1:01:47
229	105	Andy Heels		MV40	20/23	1:01:48
230	2632	Holly Maxwell		FSEN	19/36	1:01:57
231	158	Ryan Lowe		MSEN	49/55	1:02:04
232	49	Lesley Clayton		FV65	1/2	1:02:07
233	247	Robyn Stockwell		FSEN	20/36	1:02:13
234	70	Karen Downham	Kippax & District Harriers	FV55	8/24	1:02:14
235	295	Sophie Blow	Bramley Breezers	FV35	14/23	1:02:15
236	196	Stewart Pennells		MV70	6/6	1:02:22
237	195	Jonathan Pennells		MSEN	50/55	1:02:23
238	57	Michael Craggs		MV45	22/24	1:02:24
239	303	Lizzie Coombes	Hyde Park Harriers	FV55	9/24	1:02:24
240	167	Clare Maxwell	Hyde Park Harriers	FV55	10/24	1:02:24
241	116	David Holiday		MV35	20/22	1:02:28
242	2351	Rachel Goodwin		FV40	15/30	1:02:35
243	208	Mohammed Rahman	Abbey Runners	MV40	21/23	1:02:45
244	171	Jonathan Mcneill		MV45	23/24	1:02:47
245	177	Robert Monkman		MSEN	51/55	1:02:51
246	229	Marcus Sharpe		MV40	22/23	1:02:53
247	322	Louise Kinvig		FV50	6/17	1:03:02
248	187	Catherine O'brien		FV40	16/30	1:03:12
249	138	Jay Kitchen	Kippax & District Harriers	MV60	7/11	1:03:20
250	139	Lisa Krivov		FSEN	21/36	1:03:20
251	146	Caroline Lawton	Dragons Running Club (Leeds)	FV45	13/31	1:03:21
252	186	Heather Nunns		FV40	17/30	1:03:36
253	75	Maha El Nasser	Lonely Goat RC	FV45	14/31	1:03:36
254	119	Louise Hopkins	Wetherby Runners AC	FV45	15/31	1:03:46
255	2325	Sara Cowell		FV45	16/31	1:03:55
256	20	Andrew Bishop	Pudsey Pacers	MSEN	52/55	1:04:00
257	13	Lizzie Atkinson		FV40	18/30	1:04:09
258	256	Pauline Thorp	Horsforth Harriers	FV60	6/11	1:04:17
259	2645	Alison Murfin		FV40	19/30	1:04:24
260	2342	Lindsey Gibson	Roundhay Runners	FV40	20/30	1:04:29
261	313	Stuart Harris	Hyde Park Harriers	MV40	23/23	1:04:51
262	308	Lou Gardham	Hyde Park Harriers	FV50	7/17	1:05:06
263	267	Caroline Walker		FV40	21/30	1:05:15
264	234	Laura Skirrow		FSEN	22/36	1:05:16
265	202	Colin Priestley		MV60	8/11	1:05:23
266	126	Loretta Hourigan		FV50	8/17	1:05:42
267	140	Karen Lacy-Roberts		FV55	11/24	1:05:43
268	164	Clare Louise Maile		FV55	12/24	1:05:44
269	181	Paul Mortimer	Pudsey Pacers	MV55	12/12	1:05:49
270	199	Sara Potter	Pudsey Pacers	FV40	22/30	1:05:49
271	15	Rachel Barnicoat	Ilkley Harriers	FSEN	23/36	1:05:52
272	78	Philip Evans		MSEN	53/55	1:05:57
273	214	Dawn Richardson	Knaresborough Striders	FV60	7/11	1:06:04
274	18	Louise Biddulph	Airecentre Pacers	FV45	17/31	1:06:14
275	305	Clare Dickinson		FV40	23/30	1:06:35
276	336	Emily Roberts		FSEN	24/36	1:06:36
277	2718	Paul Weston		MV50	19/25	1:06:36
278	310	Carmen Girt Martin		FSEN	25/36	1:06:37
279	349	Sue Warwick		FV55	13/24	1:06:37
280	2278	Jason Britton	Kippax & District Harriers	MV50	20/25	1:06:41
281	106	Peter Hey	Kirkstall Harriers	MV65	8/8	1:06:42
282	2696	Suzanne Hague	Saltaire Striders	FV55	14/24	1:06:42
283	8	Becky Ashworth	Abbey Runners	FSEN	26/36	1:06:49

284	327	Patricia McCarten		FV55	15/24	1:06:53
285	129	Georgia Jakubiak		FV40	24/30	1:07:13
286	293	Yuzaiful Yusof		MV35	21/22	1:07:14
287	25	Angela Brady		FV45	18/31	1:07:24
288	11	Stacie Ashworth	Pudsey Pacers	FV35	15/23	1:07:25
289	62	Georgia Dennis		FSEN	27/36	1:07:34
290	342	Gill Smith	Baildon Runners	FV60	8/11	1:07:38
291	73	Susan Earley		FV55	16/24	1:07:40
292	162	Sarah Mackie		FV45	19/31	1:07:48
293	65	Danni Dobson		FV50	9/17	1:08:15
294	180	Nichola Morgan		FSEN	28/36	1:08:15
295	185	Melanie Nightingale	Horsforth Harriers	FV45	20/31	1:08:26
296	148	Lisa Leadon		FV45	21/31	1:08:32
297	79	Monica Facchinello		FV40	25/30	1:08:37
298	40	Will Carr		MV50	21/25	1:08:47
299	248	Jennifer Stoodley		FV45	22/31	1:08:54
300	304	Angela Crompton	Horsforth Harriers	FV45	23/31	1:09:13
301	320	Hannah James		FV35	16/23	1:09:13
302	260	Sarah Turner	Pudsey Pacers	FV55	17/24	1:09:15
303	2698	Gill Sykes		FV55	18/24	1:09:17
304	128	Victoria Jackson		FV45	24/31	1:09:25
305	206	Maddy Pugal		FV45	25/31	1:09:26
306	2370	Richard Hunter	Kippax & District Harriers	MV50	22/25	1:09:38
307	34	Sarah Brown		FV45	26/31	1:09:57
308	203	Joanne Proffitt		FV50	10/17	1:09:58
309	144	Lesley Lavery	Abbey Runners	FV50	11/17	1:10:03
310	2741	Rachel Witton		FV35	17/23	1:10:05
311	274	Susie Weekes		FV55	19/24	1:10:18
312	243	Jacqueline Stack	Horsforth Harriers	FV50	12/17	1:10:30
313	334	Carolyn Rix	Saltaire Striders	FV60	9/11	1:10:32
314	183	Elinor Newhouse	Baildon Runners	FV70	1/1	1:10:39
315	245	Clare Starkie	Shadwell Runners	FV45	27/31	1:10:49
316	98	Debra Haigh	South Leeds Lakers	FV55	20/24	1:11:06
317	189	Mary O'donnell	Roundhay Runners	FV40	26/30	1:11:07
318	114	John Hogg		MV50	23/25	1:11:21
319	169	Ralph Mcdermott	Pudsey Pacers	MV50	24/25	1:11:27
320	270	Beverley Warrior		FV55	21/24	1:11:28
321	284	Rachel Wilson		FV40	27/30	1:12:29
322	281	Vicky Wilkie	Fitmums and Friends	FV35	18/23	1:12:37
323	170	Chris Mchale		FV55	22/24	1:13:10
324	2398	Judy Lankester	Kippax & District Harriers	FV45	28/31	1:13:13
325	282	Emma Wilkinson		FV35	19/23	1:13:14
326	268	Hannah Waller	Hyde Park Harriers	FV35	20/23	1:13:22
327	42	Andrea Cavill		FV50	13/17	1:14:05
328	2715	Erica Weston		FV50	14/17	1:14:06
329	223	Suesanne Samara	Leeds & Bradford Triathlon Club	FV35	21/23	1:14:35
330	237	Judith Smith	Abbey Runners	FV65	2/2	1:15:19
331	108	Tara Hill		FV35	22/23	1:15:22
332	38	Jan Calvert	Horsforth Harriers	FV50	15/17	1:15:35
333	152	Eleanor Lilley	Horsforth Harriers	FV50	16/17	1:15:35
334	221	Mollie Robinson		FSEN	29/36	1:15:50
335	101	Charlotte Hankin		FSEN	30/36	1:15:51
336	233	Rebecca Shooter		FSEN	31/36	1:15:51
337	344	Lucie Stanworth	Kippax & District Harriers	FSEN	32/36	1:16:04
338	244	Shirley Stackhouse		FV45	29/31	1:16:18
339	269	Juliette Ward	Pudsey Pacers	FV40	28/30	1:17:00
340	205	Stephen Prust	Hyde Park Harriers	MV60	9/11	1:17:36

341	272	George Webster	Hyde Park Harriers	MSEN	54/55	1:17:45
342	273	Rob Webster	Horsforth Harriers	MV50	25/25	1:17:52
343	123	Matthew Horsley		MSEN	55/55	1:18:00
344	179	Charlotte Morgan		FSEN	33/36	1:18:00
345	59	Michelle Dare	Pudsey Pacers	FV60	10/11	1:18:12
346	133	Lindsay Johnson	Pudsey Pacers	FV50	17/17	1:18:16
347	93	Paul Glover	Kirkstall Harriers	MV75	1/3	1:18:36
348	118	Mark Holroyd		MV60	10/11	1:19:15
349	299	Ruth Burke		FV45	30/31	1:19:30
350	71	Jennifer Dunkley		FV60	11/11	1:20:25
351	121	Karen Horsley		FV55	23/24	1:20:34
352	122	Keith Horsley		MV60	11/11	1:20:35
353	19	Stephanie Binks		FSEN	34/36	1:20:51
354	68	Rosie Downen		FSEN	35/36	1:20:51
355	228	Sumrah Shaffiq		FV35	23/23	1:21:19
356	127	Rebecca Jackson		FSEN	36/36	1:26:18
357	160	Sue Lumby	Horsforth Harriers	FV55	24/24	1:33:07
358	275	Christine Wellings	Horsforth Harriers	FV45	31/31	1:33:08
359	2734	David White		MV45	24/24	1:34:13
360	33	Ian Brown	Horsforth Harriers	MV75	2/3	1:35:37
361	165	John Maile		MV75	3/3	1:44:42
362	325	Sharon Longman		FV40	29/30	2:01:50
363	337	Paul Russell		MV35	22/22	2:01:50